

**2018 NHOA/NHSPA SUMMER CME  
SYMPOSIUM REGISTRATION**

**Mail form** postmarked by 8/2 to:

SUMMER Symposium

Attn: Joy Potter

7 North State St.

Concord, NH 03301

Questions, please call 1-603-224-7083

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/ZIP \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

NHOA/NHSPA Members \$109

Other Physicians/PAs \$139

Mastercard, Visa, Discover or AMEX

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Total enclosed \_\_\_\_\_



*DOs treating people,  
not just symptoms*



Mission of the NHSPA:  
To enhance the health and well being of the  
people within New Hampshire through the  
representation and advancement of the PA  
profession

**Thank you to our program chairs:  
Frank Hubbell, DO, Marc Pace, DO &  
Pierre Angier, DO & Linda Martino, PA-C**



**NHOA/NHSPA  
Summer CME**

**Friday,  
August 2, 2019**



**Portsmouth Country Club  
80 Country Club Lane  
Greenland, NH**

Visit [nhosteopath.org](http://nhosteopath.org) & [nh-spa.org](http://nh-spa.org)  
For updates.

## Schedule

Speakers and times subject to change

### 8:00 AM – Registration

#### 8:25 AM

##### Yoga as Treatment Capsule

###### Jay Gupta, RPh, MSc, MTM

Specialist, C-IAYT is the Director of Pharmacy and Integrative Health at Harbor Homes in Nashua, NH

#### 9:10 AM

##### VTE Prevention in Non-surgical Medically Ill Patients

###### Mark Henschke, DO, PharmD, MMM

Board certified in Internal Medicine Hospitalist at York, ME

#### 9:55 AM Stretch Break

#### 10:10 AM

##### Putting Insomnia to Sleep

###### Jay Gupta, RPh, MSc, MTM

Specialist, C-IAYT is the Director of Pharmacy and Integrative Health at Harbor Homes in Nashua, NH

#### 10:55 AM

##### Primary Care Management in the Chronically Mentally Ill Geriatric Patient

###### Laura Ekstrand, PA-C

Assistant professor in the School of Physician Assistant Studies, former Olympian; physician assistant with a focus on geropsychiatry

#### 11:40 AM

##### Summer/fall Concussions

###### Gail Schuman, DO

Board Certified Pediatric Neurologist practicing in Manchester, NH

#### 12:25 PM Lunch (included in registration fee) Allergies? Advise Joy

#### 1:05 PM

##### Skin Cancers

###### Brian Connolly MD

Board Certified in Dermatology Cornell graduate Practices Adult and Pediatric Dermatology in Wolfeboro & Manchester

#### 1:50 PM

##### The Latest Tic News

###### Frank Hubbell, DO

Family physician and SOLO international educator from Conway

#### 2:35 PM comfort break

#### 2:45 PM

##### Smoking Cessation & the Vaping Crisis

###### Amanda Morrill, PharmD, BCPS

Associate Professor of Pharmacy Practice, MCPHS University, practices as an ambulatory care Clinical Pharmacy Specialist at the Veterans' Medical Center and a clinical pharmacist at Elliot Hospital

#### 3:30 PM

##### Do You have time for OMT?

###### Terrance McNamara, DO

Board Certified Physiatrist specializing in Orthopaedics & Pain Management at Monadnock Community Hospital in Peterborough

#### 4:20 PM NHOA Board meeting

This program is geared toward physicians and physician assistants, but should also be of significant interest to nurse practitioners, nurses and others working in the physician office.

*The New Hampshire Osteopathic Association and AOA Council on Continuing Medical Education approved this program for 6.75 hours of AOA Category 1-A CME credits.*

Physicians should only claim credit commensurate with the extent of their participation in the activity.

.75 credits of this course are compliant with New Hampshire RSA 318-B:40 - opioid education requirement



SAVE THE DATE  
Winter Symposium 2020  
January 30-February 1 at the  
Grand Summit at Attitash in  
Bartlett, NH