What to do if you suspect an opioid drug overdose:

1. Call 911
   - Call 911. All you have to say: “Someone is not responsive and I can’t seem to wake them.” Give a clear address and location.
   - Evzio (Naloxone HCl Injection)
   - 0.4 mg auto-injector
   - Evzio 0.4 mg #1 two pack
   - PRN for opioid emergency
   - Sig: For suspected opioid overdose, inject in thigh muscle. Repeat after 3-5 minutes if no or minimal response.

2. Rescue Breathing
   - Make sure airway is clear and nothing is inside the person’s mouth. Using a barrier protection for your mouth, tilt head back, seal your mouth over the person’s mouth, pinch nose, and breathe, making chest rise. If you do not use a barrier for your mouth, follow up with medical professional to address possible risk exposure.

3. Give Naloxone
   - Get naloxone and prepare it quickly so the person won’t go for too long without your breathing assistance. A second dose may be needed.

4. Continue Rescue Breathing
   - Continue 1 rescue breath every 5-6 seconds until the person awakens or first responders arrive.
   - If a hypersensitivity to naloxone is or becomes evident, cease naloxone administration and continue rescue breathing until first responders arrive.

Signs of an overdose:
- Not responsive/can’t wake up
- Body is limp
- Blue/dark purple fingernails and lips
- Breathing is slow or stopped
- Pulse is slow or stopped
- Snore-like gurgling noise
- Awake, but unable to talk

Find information on alcohol and drug treatment and recovery support services at nh.treatment.org

Call 211 for more information and referral resources.
Or go to 211nh.org

ANYONE. ANYTIME.
Can experience addiction • Can ask for help • Can Recover
CAN SAVE A LIFE

This naloxone prescription and education template is based on templates available on prescribetoprevent.org and has been modified and edited by a cross-section of stakeholders associated with the task forces of the NH Governor’s Commission on Alcohol and Drug Abuse. No single organization nor the Commission or affiliated state agencies hold responsibility for its content or use. It is available at anyoneatimenh.org. Version date: 9/30/2015